



# RISE AND SHINE PROJECT REPORT

-Play for a Pad Sport Fest-





Date: 19th December 2020 Venue: Blend Gardens Bwaise











# **Background**

Women's participation in sport has a long history. It is a history marked by division and discrimination but also one filled with major accomplishments by female athletes and important advances for gender equality and the empowerment of women and girls. "Women 2000 and beyond 2007 report"

People With Disabilities (PWDs) in Uganda face discrimination and barriers in accessing equal opportunities which deprives them the full enjoyment and realization of their human rights and fundamental freedoms.

"The Rights of Persons With Disabilities in Uganda report" by Equal Opportunities Commission and the United Nations Human Rights, June 2018.

To address this situation, Golden Boots Uganda (GoBU) organised, The Rise and Shine Project- "Play for a Pad" Sport Fest, to enable young women and youth with disabilities (YWDS) to reach their potential through sport and learn about their rights.









### **Outcomes:**

**Activity 1,** Play for a Pad Sports Fest **Outcome,** Young women and youth with disabilities to showcased their potential through sport.

On Saturday 19th December 2020, Golden Boots Uganda mobilised over 200 people to participate in the Play for a Pad Sport Fest under the Rise and Shine Project. Of these, we had 8 teams with 15 players each including young women and youth with disabilities who participated in various sport exhibition activities including women football, amputee football, board games and boxing.

Coach Willis, with support from other 9 coaches from Premier Skills led the two hours sport skills training sessions in Drilling, Dribbling, Attacking and Defending skills among others.

- a.) The 4 girls football teams included Father's Lion Heart, Sharom, Arrows, Kawempe Kids Football league.
- b.) 2 amputee football teams (youth with disability football) from the Federation of Uganda Amputee Football Association and Agali Awamu Disabled and Elderly Organisation.
- c.) 2 girl boxing teams from Zebra Boxing Academy and Lukanga Boxing Club



Activity 2. Women and Disability Forum

**Outcome,** Voices of young women and YWDS heard and learned about their rights.

Three 3 representatives of young women & youth with disabilities from the different sport were given an opportunity to speak about the societal challenges they face, and present solutions for breaking barriers.

Mr. Lawrence Kitimbo, President,
The Federation of Uganda Amputee
Football Association and a Board member
(CECAF) said that "football gave him a
second chance of life". "We use amputee
football as a tool to advocate for Ability over
Disability. They use the same power of sport
to rehabilitate those who have lost their
limbs," He said.

Lawrence further explained that, they also play against physically abled people, to also bring hope among those living with disability. They have done this through their teams in Nakawa, Mbarara, Gulu, Army, and Kawempe, however they face financial burdens.

Roseline, a female player from Fathers Loin Heart Foundation thanked Golden Boots Uganda for organising and Trocaire for the support towards this event and the opportunity for the girls to showcase their abilities. She alsoextended gratitude to Mo Kisirisa, the Founder Golden Boots Uganda for the mentorship during the lockdown.

Nalubega, a female boxer from Zebra Boxing Academy, also appreciated the organizing team for the chance to show off their skills and potential. She also mentioned a few challenges including lack of sport kits to allow them practice.











**Activity 3,** Practical Exhibition Workshopsfor women and people with disabilitiesto showcase innovations to inspire others.

**Outcome:** Unlocked possibilities in young women and people with disabilities.

#### **Provide Overall Progress below**

Two young women led organizations exhibited on that day.

## 1. Smart Girls Foundation

Ms. Hanifah Nazziwa presented the organization's work; which targets the less privileged girls in rural and peri urban areas who can't afford sanitary pads and kits during their menstrual cycles.

### Among their programs include;

- a) The Girls With Tools Program, provides girls with carpentry and welding skills to help them compete in male dominated careers like mechanics.
- b) The Smart Solar Bag Project, this aims to help girls in rural areas without electricity. The solar bulb gives light to help girls read and revise their books.

# **Sanitary Pads Distribution**

c) The Smart Girls Foundation distributed 136 pairs of reusable Sanitary Pads, each female participant received two pairs.





#### **Distribution of Balls**

Raymond the Programs Officer, Golden Boots Uganda donated 8 Balls, one for each girls team.

#### **Chief Guest**

Our dear Chief Guest, Ms. Emily Ikiriza,
Project Officer British Council Uganda,
Ian Dolan, Country Director Trocaire Uganda,
Mo Kisirisa, Founder/ CEO Golden Boots
Uganda, participants and partner
representatives made speeches before they
could cut a cake to officially launch Golden
Boots Uganda and later awarded certificates
to all participants.

#### **Partners**

Other participants included invited guests and partners from Smart Girls Foundation, First Aid Fast Hand, Kampala Capital City Authority-KCCA, Children's Rights and Violation Prevention Fund (CRVPF), Wezesha Impact, Little Dreamers, Soccer without Boarders and British Council among others.

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